

# **CFA Today**

December 2003 Volume 8, Issue 12

#### **MWR Phone Numbers:**

CFA Service Line 833-2005 **ACS** 833-2852 833-2940 Arts & Crafts Bowling Center 833-2849 Eagle's Nest 833-5555 Gas Light Snack Bar 833-4446 South Towne Grill 833-4789 Outdoor Shop 833-3129 Fitness Center 833-2159 Vending Hot Line 833-2727

> Arts & Craft Center hosts Girl Scouts See Page 4 & 5

The Eagle's Nest is taking on a new face. Until it comes, call 833-5555 for the lunch and dinner menu.

#### Contents:

Come Away With Us
New MWR Coupons
Annual Ski Fair Big Success 2
Try the New "Four Stroke" 2
TOCDF "A" Team
Girl Scouts Pay a Visit 4 & 5
National Drunk & Drugged 6

Community & Family Activities Building 1002—Tooele Army Depot Tooele, UT 84074-5032 (435) 833-2039

John Curwen Chief, Community & Family Activities

Circulation of the CFA Today is 1400 Editor: Colleen Gordon—833-2861

### Come Away With Us!

Give him/her a special Christmas gift snowmobile in Yellowstone!

TEAD's Outdoor Shop is sponsoring a snowmobile trip inside the park February 26 through 28, 2004. Cost per person will be \$260 plus tax and will include a hotel stay at Day's Inn in West Yellowstone for two





nights (based on double occupancy), one full day's ride on a new four-stroke snowmobile, a professional guide, a national park pass, and a prime-rib dinner.

Deadline is Monday, January 5, 2004 (nonrefundable.) Call 833-3129 for information.

#### New MWR Coupons Take the Place of MWR Blue Punch Card

MWR is issuing <u>NEW</u> \$25 Coupon Booklets which will take the place of the MWR blue punch cards. These certificates may be purchased at the MWR main office and may be used at any MWR Activity:

Outdoor Shop, Food Services, Arts and Craft Center, Bowling Lanes, and Fitness Center. They make a nice birthday or other occasion gift.

Be sure to use up your MWR \$50 BLUE PUNCH

CARDS before December 31, 2003. All MWR Blue \$50 Punch Cards will expire December 31, 2003.

Any UN-PUNCHED cards may be turned in to building 1002 for two \$25 MWR Coupon Booklets. Call 833-2005 for details.

#### OUTDOOR SHOP

#### **Annual Ski Fair Big Success!**

The Outdoor Shop's Annual Ski Fair was a huge success. Snow has brought a renewed interest in skiing this winter. Tooele Army and Deseret Chemical Depot employees were favored with a two-hour ski fair at the Eagle's Nest Thursday, November 6, 2003, encompassing everything from a Warren Miller ski film, a binding setting demonstration, Alpine cross country skiing exhibit, snowboard demonstration, and the Ski Utah Gold Card Program. Participants also filled up on pizza. Lita McLemore said that there were over 40 prizes given away to lucky recipients.



## Try the New "Four Stroke" Snowmobiles

by Lita McLemore

Do you want to try sledding, but have been put off by the noise and exhaust of the old snowmobiles? We now have four brand-new Yamaha "four stroke" snowmobiles available at the Outdoor Shop. They make a much quieter and nicer experience for both rider and environment. Take a trip up to Daniel's Summit or Monte Cristo for only \$200 for a three-day weekend (The average price of an eight-hour snowmobile rental at most outfitters at these locations is \$250 per sled!) Or, if you like the light weight of the traditional snowmobile, pic k up a pair of our new Polaris 700cc Rocky Mountain Kings, or 500cc Indy RMK's on a Thursday afternoon, and return them on the following Monday morning for less

than you would pay for eight hours of use at most other places. Eight of our sleds are either new 500cc models, or 700cc Polaris RMKs, and all have helmets and trailer included in the rental price. The 700cc sleds are powerful sleds built for those experienced riders who want to go "off-trail." For those customers who have a current CFA "gold card" membership, deduct an additional 30% off the original rental price and you can enjoy a long weekend of sledding for only \$126 per sled. Why purchase a sled and contend with high annual registration and maintenance fees when you can use MWR rental snowmobiles at such

low prices? Come to building 1011, or call 833-3129 to inquire about equipment availability today!

NOTE: Deposit for all equipment required at time of reservation. We can take reservations for equipment up to three weeks in advance of date for civilian personnel and up to four weeks in advance of date for military personnel. The 700cc sleds are recommended for experienced riders only, no electric start. Slightly higher rental fee/deposit in effect for these snowmobiles.

#### FITNESS CENTER

TOCDF "A" Team Takes Championship in Softball League

The Summer Softball Leagues were honored on Thursday, September 25 at TEAD's softball field where the leagues culminated a summer of hard-fought victories. MWR roasted Bratwurst and Italian Sausages and the teams enjoyed a relaxing game of softball.

TOCDF's "A" Team won the Summer Softball League champ ionship in what some would consider a very challenging season. Ray Romero, MWR Recreation Specialist, under the sponsorship of the U.S. Army, organized and coordinated nine softball teams consisting of four teams of California National Guard soldiers stationed at Tooele Army Depot (TEAD) and five TOCDF teams.

Thanks to all who participated.





#### ARTS & CRAFT CENTER

"Christmas Potluck Lunch" will be Saturday, December 20, 2003. Bring a food dish and enjoy half off all fees for Craft Center Activities! (Does not include framing or any retail activities.) Each month will bring a new theme for our potluck lunches. Watch for the next one.

#### Hours of Operation:

Sunday—Thursday 2:00 PM to 8:00 PM Friday—Saturday 9:00 AM to 8:00 PM

#### **Schedule for Classes:**

Basic Pottery Skills By appointment

#### **NEW Drawing Class—For Children**

Wed 2:00 PM — 3:00 PM 12 Week Course

Farrell Bailey & Jvonne Jarvie Wed 6:00 PM —8:00 PM

### Schedule for Certification:

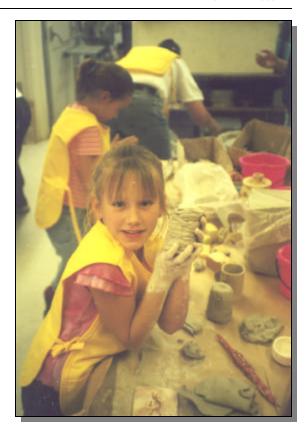
 Ceramic Tec.
 Tue—5:30—7:00 PM

 Ceramic Cert.
 Tue—5:30—7:00 PM

 Wood Shop Cert
 Thur—5:30—7:00 PM

 Lapidary Cert
 Thur—5:30—7:00 PM

Do It Yourself Framing Individual Appointment

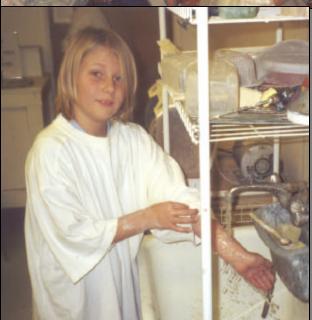


## Girl Scouts Pay a Visit to the Arts & Craft Center



The Girl Scouts had a wonderful time at the Arts & Craft Center. They scheduled pottery as one of their activities. The Arts & Craft Center is open to schedule all kinds of youth groups—call 833-2940.





#### New Class: Learn How to Draw

Instructor: Terry Nieminen

For: Children grades first through fifth
Dates: Wednesday, December 10 & 17, 2003

Wednesday, January 7, 14, 21, & 28, 2004 Wednesday, February 4, 11, 18, & 25, 2004

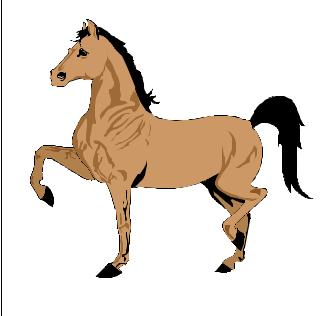
Wednesday, March 3 & 10 \$70 for twelve one-hour lessons

Time: 2:00 PM — 3:00 PM

Cost:

Limit: 10 student limit (sign up early)

#### Finished Project will be a Horse Portrait



#### FAMILY SUPPORT SERVICES



## National Drunk and Drugged Driving Prevention Month



#### Did You Know!

While the holiday season is a time for joy and celebration, it is also the time when drunk drivers are most likely to hit the road. If you are going to drink alcohol this holiday season, please make sure you don't get behind the wheel. Celebrate with care!

Every 33 minutes, a drunk driver kills someone. Every two minutes someone is injured. You, your family, or your friends could be next.

MADD Fact: Every year, more than 600,000 people are injured in drunk driving crashes. Drunk driving crashes cost society over \$110 billion yearly. (Miller et al.)

In 2000, 16,653 people were killed in alcohol-related crashes, representing 40 percent of total traffic deaths and the largest percentage increase of its kind on record. (NHTSA)

Alcohol use is America's No. 1 youth drug problem, killing 6.5 times more young people than all other illicit drugs combined. With some 10 million current drinkers between age 12 and 20, the problem touches all families.

Remember, impairment starts with the first drink. That last drink can cost you up to \$8,000:

- Vehicle towing and storage fee
- Increase in car insurance premiums
- Court/Attorney fees
- DUI/OWI class fees
- Jail time
- Loss of driver's license
- Missed work days

#### There are alternatives:

- Designate a sober driver.
- Call a taxicab.
- Stay the night where you are.

States must comply with the federal law that requires all states to pass .08 BAC laws by October 1, 2003, or lose federal highway construction funds. .08 does not mean "2 beers or 2 drinks and you're over the limit." A 160-pound male would need to consume 4 drinks in just one hour to reach .08; a 120-pound female 3 drinks in just one hour.

#### **Our Influence**

One hundred years from now
It will not matter
What kind of car I drove,
What kind of house I lived in,
How much money I had in my
bank account,
Nor what my clothes looked like.

But one hundred years from now The world may be a little better Because I was important In the life of a child.

#### Shake It Off

One day a farmer's donkey fell down into a well.

The animal cried piteously for hours as the farmer tried to figure out what to do. Finally he decided the animal was old and the well needed to be covered up anyway, it just wasn't worth it to retrieve the donkey. He invited all his neighbors to come over and help him. They all grabbed a shovel and began to shovel dirt into the well. At first, the donkey realized what was happening and cried horribly. Then, to everyone's amazement, he quieted down.

A few shovel loads later, the farmer finally looked down the well and was astonished at what he saw. With every shovel of dirt that hit his back, the donkey was doing something amazing. He would shake it off and take a step up.

As the farmer's neighbors continued to shovel dirt on top of the animal, he would shake it off and take a step up. Pretty soon, everyone was amazed as the donkey stepped up over the edge of the well and trotted off!



Life is going to shovel dirt on you, all kinds of dirt. The trick to getting out of the well is to shake it off and take a step up. Each of our troubles is a steppingstone. We can get out of the deepest wells just by not stopping, never giving up! Shake it off and take a step up!